

# Align and Design 2020

How would it feel to finish out the decade with grace and ease in your business and personal life?

You're invited...

Align and Design 2020 is an opportunity to create strategies that are aligned with your highest self, and navigate the holiday season with support and purpose. We'll explore, in a community of women, the powerful space between hustle + flow.

We'll meet weekly by Zoom and dive into the essential habits and values for you to show up as your best self in 2020!

Week 1: Align

Week 2: Clarity

Week 3: Energy

Week 4: Gratitude & Integration (no live call)

Week 5: Productivity

Week 6: Leadership & Purpose

November 4th– December 9th

No Live Call Thanksgiving Week

Who is it for?

High performing mom entrepreneurs who have big goals for the 4th quarter, and the end of the decade. You also have a family and kids, and all the details to manage for the upcoming holiday season. You may already be spinning into overwhelm in anticipation of everything you want – and need – to accomplish in the next 75 days.

How would it feel to invest in feeling good and getting more done, before the chaos hits? You can choose to leave overwhelm behind and show up in congruency in more of your life

Cost : \$497 paid in full or 2 payments of \$297

BONUS >> FAST ACTION OFFER! Sign up and pay in full by October 30th and I'll include two of my 'must have' nutrition products for thriving over the holidays!

Join us on the journey!

*Choose Joy.*

*xo Aine*